















March



Activities



SENIOR CENTER
OF JACKSON HOLE

Monday	Tuesday	Wednesday	Thursday	Friday	Sat./Sun.
<p>1 Massage 9-11 Forever Fit 9:30 Line Dancing 10:30 Lunch Bible Study 12:45 Knitting 1:00</p>	<p>2 Yoga 10:00 Book Group 10:30 Wii Games 11:00 Library Audio Books 11:00 Lunch Pinochle 12:45</p> 	<p>3 Tai Chi 10:00 Medicare Assistance 11:30 Blood Pressure 11:30 Lunch Bingo 12:45 Cribbage 12:45</p>	<p>4 Line Dancing 10:30 Lunch Dupl. Bridge 12:30 Mahjong 1:00</p> 	<p>5 Forever Fit 9:30 Spanish Class 10:00 Friday Feast Movie <i>To Sir with Love</i> 12:45</p>	<p>6 Saturday VITA Tax Assistance (by appointment) Soroptomist "Home on the Range" Dinner/Dance 5:00</p> 
<p>8 Massage 9-11 Forever Fit 9:30 Line Dancing 10:30 Lunch Bible Study 12:45 Knitting 1:00</p>	<p>9 Yoga 10:00 Wii Games 11:00 Lunch Pinochle 12:45</p> 	<p>10 Tai Chi 10:00 Blood Pressure 11:30 Lunch & Eco Conversations Board Meeting 12:30 Bingo 12:45 Cribbage 12:45</p>	<p>11 Line Dancing 10:30 Lunch Dupl. Bridge 12:30 Mahjong 1:00</p> 	<p>12 Forever Fit 9:30 Spanish Class 10:00 Brunch 11:00 Movie <i>Ghost</i> 12:45 Caregiver Group 2:00</p>	<p>14 Sunday Dinner by JHHS Interact Group 5:00 Cake Walk—After Dinner</p>
<p>15 Massage 9-11 Line Dancing 10:30 Lunch Bible Study 12:45 Knitting 1:00</p> 	<p>16 Yoga 10:00 Wii Games 11:00 Library Audio Books 11:00 Lunch Pinochle 12:45 Caregiver Group 6:00</p> 	<p>17 Forever Fit 9:30 Tai Chi 10:00 Blood Pressure 11:30 St. Patrick's Day Lunch Foot Clinic 12:45 Bingo 12:45 Cribbage 12:45</p> 	<p>18 Line Dancing 10:30 Medicare Assistance 11:30 Lunch Dupl. Bridge 12:30 Mahjong 1:00</p> 	<p>19 Forever Fit 9:30 Spanish Class 10:00 Coffee & Treats from River Rock 10:30 Friday Feast Movie <i>Dances with Wolves</i> 12:45 Dr. Bevan (Podiatrist) 1:30</p>	<p>Daylight Savings Time Sunday March 14 Remember to</p> 
<p>22 Massage 9-11 Forever Fit 9:30 Line Dancing 10:30 Lunch Bible Study 12:45 Knitting 1:00</p>	<p>23 Yoga 10:00 Wii Games 11:00 Birthday Lunch Pinochle 12:45</p> 	<p>24 Tai Chi 10:00 Blood Pressure 11:30 Lunch Bingo 12:45 Cribbage 12:45</p>	<p>25 Line Dancing 10:30 Lunch Advanced Care Directives Presentation 12:15 Dupl. Bridge 12:30 Mahjong 1:00</p>	<p>26 Assemble Newsletters Forever Fit 9:30 Spanish Class 10:00 Brunch 11:00 Movie <i>50 First Dates</i> 12:45</p>	
<p>29 Massage 9-11 Forever Fit 9:30 Line Dancing 10:30 Lunch Bible Study 12:45 Knitting 1:00</p>	<p>30 Yoga 10:00 Wii Games 11:00 Lunch Pinochle 12:45</p> 	<p>31 Tai Chi 10:00 Blood Pressure 11:30 Lunch Bingo 12:45 Cribbage 12:45</p>	<p>JOIN US FOR OUR GREAT EXERCISE PROGRAMS!</p> 		<p>You can't help getting older, but you don't have to get OLD!</p> <p>~George Burns</p>