









# February ACTIVITIES



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b> Massage 9-11 Forever Fit 9:30 Line Dancing 10:30 Lunch Bible Study 12:45 Knitting Club 1:00</p>	<p><b>2</b> Yoga 10:00 Book Group 10:30 Wii Games 11:00 Library Books 11:00 Lunch Pinochle 12:45</p>	<p><b>3</b> Tai Chi 10:30 Medicare Asst. 11:30 Blood Pressure 11:30 Lunch Bingo 12:45 Cribbage 12:45</p> <p> <b>Groundhog Day</b></p>	<p><b>4</b> H1N1 Flu Shot Clinic 9-12 Watercolor Class 9:30 Line Dancing 10:30 Lunch Duplicate Bridge 12:30 Mahjong 1:00</p>	<p><b>5</b> Forever Fit 9:30 Spanish Class 10:30 <b>Friday Feast</b> Movie <i>Amistad</i> 12:45</p>	<p><b>ALL CLASSES AND ACTIVITIES ARE FREE OF CHARGE TO SENIORS (AGE 60+) UNLESS OTHERWISE NOTED.</b></p>
<p><b>8</b> Massage 9-11 Forever Fit 9:30 Line Dancing 10:30 Lunch Bible Study 12:45 Knitting Club 1:00</p>	<p><b>9</b> Yoga 10:00 Wii Games 11:00 Lunch Pinochle 12:45</p> <p></p>	<p><b>10</b> Tai Chi 10:30 Blood Pressure 11:30 Lunch Board Meeting 12:30 Bingo 12:45 Cribbage 12:45</p> <p></p>	<p><b>11</b> Watercolor Class 9:30 Line Dancing 10:30 Lunch Duplicate Bridge 12:30 Mahjong 1:00</p>	<p><b>12</b> Forever Fit 9:30 Spanish Class 10:30 <b>BirthDay Lunch</b> Movie <i>The Princess Bride</i> 12:45 Caregiver Group 2:00</p>	<p><b>Happy Valentine's Day</b> </p>
<p><b>15 Closed for Presidents' Day</b></p> <p></p>	<p><b>16</b> Yoga 10:00 Wii Games 11:00 Library Books 11:00 Lunch Pinochle 12:45 Caregiver Group 6:00</p>	<p><b>17</b> Tai Chi 10:30 Blood Pressure 11:30 Lunch Foot Clinic 12:45 Bingo 12:45 Cribbage 12:45 Old Faithful Trip (Rec Center)</p>	<p><b>18</b> Watercolor Class 9:30 Line Dancing 10:30 Medicare Asst. 11:30 Lunch Duplicate Bridge 12:30 Mahjong 1:00 River Rock Dinner 5:00</p>	<p><b>19</b> Forever Fit 9:30 Veterans' Asst. 10-11 Spanish Class 10:30 <b>Friday Feast</b> Movie <i>Conspiracy Theory</i> 12:45</p>	<p><b>20 Brunch</b> 11:00</p> <p></p>
<p><b>22</b> Massage 9-11 Forever Fit 9:30 Line Dancing 10:30 Lunch Carbs &amp; Diabetes Presentation 12:15 Bible Study 12:45 Knitting Club 1:00</p>	<p><b>23</b> Yoga 10:00 Wii Games 11:00 Lunch Pinochle 12:45</p> <p></p>	<p><b>24</b> Tai Chi 10:30 Blood Pressure 11:30 Lunch Bingo 12:45 Cribbage 12:45</p> <p></p>	<p><b>25</b> Watercolor Class 9:30 Line Dancing 10:30 Lunch Duplicate Bridge 12:30 Mahjong 1:00</p>	<p><b>26</b> Forever Fit 9:30 Coffee &amp; Treats by River Rock 10:30 Spanish Class 10:30 Lunch Movie <i>Breakfast at Tiffany's</i> 12:45</p>	<p>What the world really needs is more love and a lot less paperwork. ~Pearl Bailey</p>